

Careers programme: VITA Phase (Springwood and Linwood Campuses)

The Vita curriculum is designed to support students' skills development at the level they are able to access. As a result, the offer can differ to meet students' particular needs. ASDAN frameworks are a typical feature of students' *Preparation for Adulthood*. Students also have the opportunity to explore the world around them, enabling them to appropriately understand, engage in and contribute to their local community. The Vita curriculum supports students' development of key skills including making choices, independence skills, problem solving, communication, building and sustaining relationships and valuing friends. The VITA outcomes are based on what needs to be in place for a young person to plan for the future and make a successful transition to new opportunities at college, in the community, on training programmes or in supported living. Our young people and their families are supported to achieve the best possible outcomes and with their transitions through meetings with our IAG Team.

Relevant to KS3 and KS4.

ASDAN 'My Independence'	The wider Vita curriculum
<p>The 'My Independence' framework supports the development of skills which are used in adulthood. These skills aim to promote inclusion and extend and develop learning opportunities beyond school. Within this are key elements of the <i>Preparation for Adulthood</i> (PfA) framework; friends, relationships and community; good health; independent living; and employment.</p>	<p>Students have the opportunity to participate and contribute to enterprise projects to encourage and reinforce key skills for independence and potential employment in adulthood.</p>
<p><i>Exploring Aspirations</i> is aimed at students in key stage three (aged between twelve and fourteen). It incorporates person-centred planning tools and provides opportunities to undertake ASDAN Lifeskills Challenges and also addresses aspects of PSHE and Citizenship.</p>	<p>Students have the opportunity to focus on key skills and understanding within the nine Vita domains, which also support PfA:</p> <ul style="list-style-type: none"> • English • Maths • Understanding the world • Thinking, problem solving and engagement • Communication

	<ul style="list-style-type: none"> • Personal and social development • Physical and mental well-being • Independence • Expressive arts and design
<p><i>Realising Aspirations</i> is aimed at students in key stage four (aged between fourteen and sixteen). It comprises up to twelve modules mapped to the PfA pathways: Friends, Relationships and Community; Good Health; Independent Living and Employment. Students achieve certificates as they complete elements of the programme.</p>	<p>Students have a range of significant opportunities within and beyond the Vita curriculum that may include offsite visits; engagement in their local community, e.g. visiting shops and cafes and using local services such as libraries; residential visits; travel training; preparing meals and enrichment activities provided by visitors to school.</p>